

SculpSure®

A Smarter Way to Sculpt™

Consultation Guide

A provider's guide for discussing
SculpSure treatments and
setting patient expectations.



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The SculpSure Advantage

Even with diet and exercise, stubborn fat seems impossible to lose. SculpSure's light-based body contouring technology targets and **destroys fat in problem areas such as the belly, love handles, back, thighs and under the chin**, helping you achieve a slimmer appearance.

- **Permanent** reduction in fat cells¹
- **Natural** looking results*
- **Customizable** treatments
- **Safe** for all skin colors
- **FDA-cleared** treatment

SculpSure can help you safely eliminate fat in just 25 minutes per treatment area. **There is no downtime following treatment, allowing you to resume your daily activities right away.**

1. Decorato JW, Sierra R, Chen B. *Clinical and Histological Evaluations of a 1060nm Laser Device for Non-Invasive Fat Reduction*, Westford, MA, 2014.

* SculpSure's heat-based technology naturally spreads beyond the edges of the treatment area, facilitating natural-looking results.

How SculpSure Works



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How SculpSure Works



Laser energy is used to target and heat fat cells under the skin without affecting the skin's surface.

SculpSure raises the temperature of fat cells damaging their structural integrity. Contact Cooling™ stays on throughout the treatment, which keeps the skin safe and comfortable.

The damaged fat cells are removed naturally from your body through your lymphatic system.

Once the fat cells are removed from your body, they cannot regrow.

Treat to Complete ("T2C")



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Treat to Complete (“T2C”)

Your Customized SculpSure Treatment Plan

We will discuss a customized treatment plan that includes a series of SculpSure treatments designed to achieve your desired goals. During your consultation, we will discuss:

- Which areas to treat to give you the best overall change.
- How many treatments you can expect to reach your desired results.

We track your treatment progress by taking photographs throughout your SculpSure experience. Photos may be taken every 4-6 weeks throughout your treatment plan.



Which SculpSure Treatment Plan Is Right for You?



Core

Love Handles

Back

Thighs

Under the Chin

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Core



Before



6 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

Core

Love Handles

Back

Thighs

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Core



Before



13 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

Core

Love Handles

Back

Thighs

Under the Chin

About SculpSure

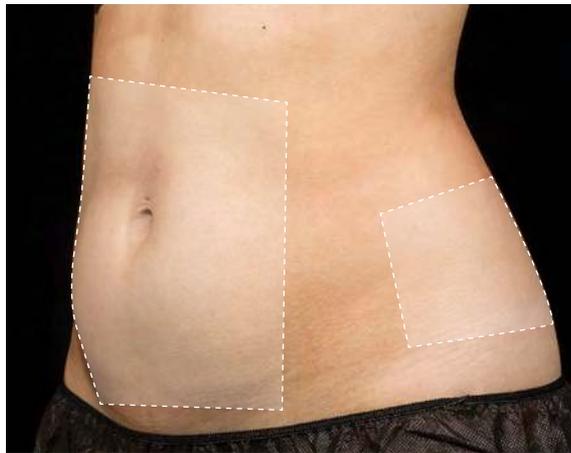
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Core



Before



8 weeks after 2nd SculpSure series

Courtesy of B. Katz, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

Core

Love Handles

Back

Thighs

Under the Chin

About SculpSure

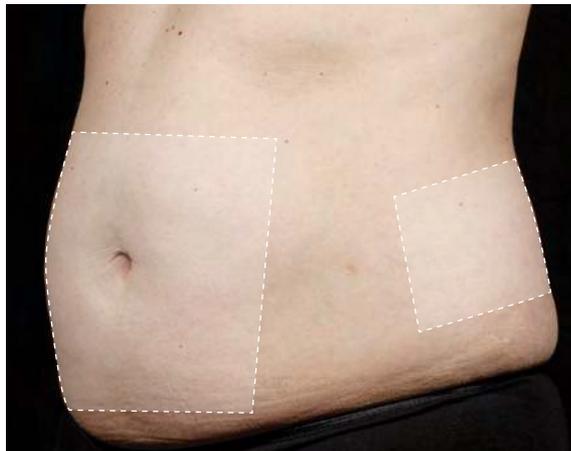
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Before



12 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

Core

Love Handles

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Before



12 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

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Before



12 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

Core

Love Handles

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Thighs

Under the Chin

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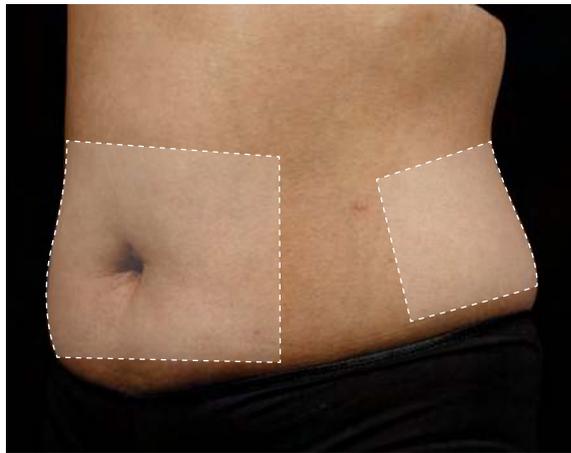
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Core



Before



12 weeks after 2nd SculpSure series

Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

SERIES 2

4 Treatment Areas

- Lower abdomen
- Upper abdomen
- Left love handle
- Right love handle

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Love Handles



Before



12 weeks after 2nd SculpSure series

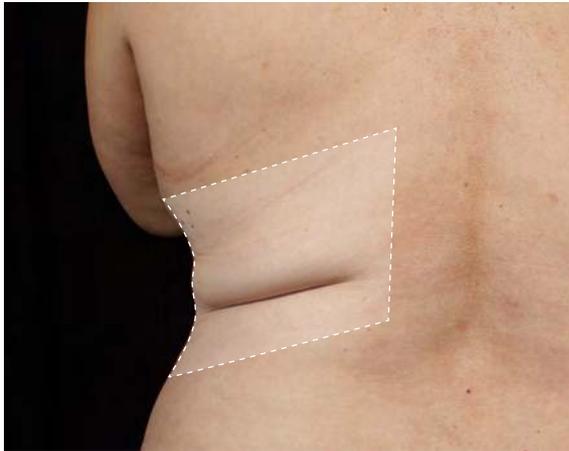
Courtesy of S. Doherty, MD

TREATMENT PLAN

SERIES 1
2 Treatment Areas
Left love handle
Right love handle

SERIES 2
2 Treatment Areas
Left love handle
Right love handle

Back



Before



12 weeks after 1st SculpSure series*

Courtesy of S. Doherty, MD

TYPICAL TREATMENT PLAN

SERIES 1

2 Treatment Areas

- Left upper back
- Right upper back

SERIES 2

2 Treatment Areas

- Left upper back
- Right upper back

*Photo not representative of recommended treatment plan.

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Thighs



Before



12 weeks after 2nd SculpSure series

Courtesy of R. Weiss, MD

TREATMENT PLAN

SERIES 1

2 Treatment Areas

Left outer thigh
Right outer thigh

SERIES 2

2 Treatment Areas

Left outer thigh
Right outer thigh

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Under the Chin



Before



12 weeks after 2nd SculpSure series

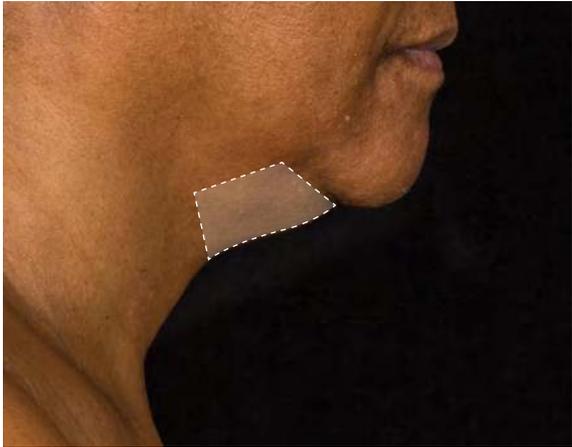
Courtesy of B. Katz, MD

TREATMENT PLAN

SERIES 1
1 Treatment Area
Under the chin

SERIES 2
1 Treatment Area
Under the chin

Under the Chin



Before



12 weeks after 2nd SculpSure series

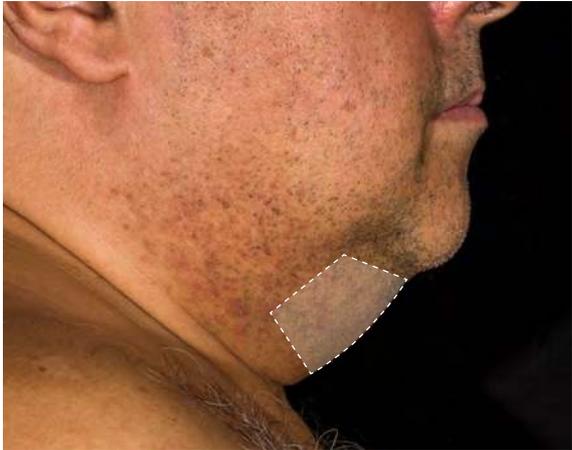
Courtesy of B. Katz, MD

TREATMENT PLAN

SERIES 1
1 Treatment Area
Under the chin

SERIES 2
1 Treatment Area
Under the chin

Under the Chin



Before



12 weeks after 2nd SculpSure series

Courtesy of L. Bass, MD

TREATMENT PLAN

SERIES 1
1 Treatment Area
Under the chin

SERIES 2
1 Treatment Area
Under the chin

Under the Chin



Before



12 weeks after 2nd SculpSure series

Courtesy of R. Geranemus, MD

TREATMENT PLAN

SERIES 1
1 Treatment Area
Under the chin

SERIES 2
1 Treatment Area
Under the chin

Preparing for Your SculpSure Treatment



Pre-Treatment

Body Treatment

Under the Chin Treatment

Post-Treatment

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Preparing for Your SculpSure Treatment

Before your appointment, please remember:

-  Your skin should be free of creams or lotions.
-  If you have thick hair in the treatment area, shave or trim before the treatment.
-  Wear plain black underwear and/or bra, this provides a consistent look in your before-and-after photos.
-  Have a light meal and drink 2-3 glasses of water.
-  Preparing for a big event? Make sure you book your first treatment 3 months prior for optimal results.

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Body



At the beginning of the treatment

You will feel a slight warming sensation. Contact Cooling™ stays on throughout the treatment, which helps keep the skin safe and comfortable.



2 minutes into the treatment

You will start to feel peaks of warmth followed by cooling.



4 minutes into the treatment

You will feel deep warmth and tingling. Some clients feel a sensation of pressure or prickling — this is okay! The warmth builds to peaks of deep heating.

This lets you know that you are in the fat destruction zone!



Remaining 21 minutes

You will feel continuous cycles of deep heat as well as cooling sensations throughout your treatment.

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What You'll Feel (Zone Score)

Body

Zone Score	ZONE
1	Pleasant cool/cold feeling
2	Gentle warming and cooling
3	Tingly, short intervals of warmth and cooling
4 FAT DESTRUCTION ZONE	Prickling, pinching, pressure, longer peaks of moderate deep heat and cooling
	Beyond Fat Destruction Zone

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Under the Chin



At the beginning of the treatment

You will feel a slight warming sensation. Contact Cooling™ stays on throughout the treatment, which helps keep the skin safe and comfortable.



1 minute and 30 seconds into the treatment

You will feel periods of warmth and peaks of deep heat.



Remaining 23 minutes and 30 seconds

You will feel longer peaks of moderate heat and short intervals of relief. The moderate heat builds into peaks of deep heating.

This lets you know that you are in the fat destruction zone!

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What You'll Feel (Zone Score)

Under the Chin Treatment

Zone Score	ZONE
1	Pleasant cool/cold feeling
2	Gentle warming
3	Tingly, short intervals of warmth and cooling
4 FAT DESTRUCTION ZONE	Longer peaks of moderate heat and short intervals of relief
	Beyond Fat Destruction Zone

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After Your SculpSure Treatment

Since there is no downtime, you can get back to your normal routine right away.

For the best results, we suggest the following:

- Gently massage the area twice a day for 5-10 minutes, until any tissue tenderness resolves.
- Be sure to drink water — ideally 8 or more glasses each day.
- Any exercise, even light cardio or low-impact workouts, helps the damaged fat cells move through the lymphatic system.

Remember:

Maintaining your weight and healthy eating will allow you to fully appreciate the benefits of your treatment.

- You may experience mild redness, tenderness, swelling or tissue firmness in the treatment area. Tenderness may last two weeks or longer.
- Contact the office if you have any concerns about your treatment areas, such as increasing tenderness or swelling several days after your treatment.

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SculpSure®

A Smarter Way to Sculpt™

**We hope you enjoy your
natural-looking, slimmer
appearance!**

Models for illustrative purposes only. SculpSure is intended for non-invasive fat reduction of the submental (under the chin) area, abdomen, flanks, back, inner and outer thighs. SculpSure is not a weight loss solution or for people who are obese.

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